### FUNCTIONAL BEVERAGES IN THE U.S.: MARKET ESSENTIALS

2025 EDITION (To be published November 2025. Data through 2024, selected preliminary 2025 figures and forecasts through 2029.) More than 40 PowerPoint slides, with analysis and charts, as well as more than 30 exhibits in Excel format.

Embracing the future of function. This market report presents Beverage Marketing Corporation's research on functional beverages to provide insights into the increasingly intertwined world of healthful beverages that also offer a specific functional benefit to consumers. In this study, BMC examines trends and issues in this multi-faceted market, covering beverages aiming to aid health, quench thirst and provide specific benefits. The report homes in on new-era wellness beverages, looking at the various segments and types. Market drivers and need states are discussed and data and forecasts are provided.

This market research report looks at protein drinks, probiotics, functional water and other functional beverages, nutrient provision/meal replacement products and more, documenting their historical, current and projected performances. Forecasts are offered for energy drinks, sports beverages, RTD Tea, enhanced water, superpremium juices, protein drinks, almond milk, alkaline waters, kombucha, meal replacement drinks, coconut water, probiotics, oat milk, plant milks and other functional beverages. The result of recent moves by companies in various aspects of this diverse space are discussed and analyzed, offering insight as well as caveats to current and future marketers.

# AVAILABLE FORMAT & PRICING

**Direct Download** PowerPoint, Word, PDF & Excel

\$4,995

To learn more, to place an advance order or to inquire about additional user licenses **call**: Charlene Harvey +1 212.688.7640 ext. 250 charvey@beveragemarketing.com FOR A FULL CATALOG OF **REPORTS AND DATABASES**, GO TO <u>bmcreports.com</u>

### INSIDE:

### **REPORT OVERVIEW**

Functional Beverages

in the U.S.: Market Essentials

A brief discussion of key features of this report. 2

### TABLE OF CONTENTS

A detailed outline of this report's contents and data tables. **7** 

### SAMPLE TEXT AND INFOGRAPHICS

A few examples of this report's text, data content layout and style. 11

**HAVE** QUESTIONS?

Contact Charlene Harvey: 212-688-7640 x 250 charvey@beveragemarketing.com



BEVERAGE MARKETING CORPORATION P.O. Box 2399 | 143 Canton Road, 2<sup>nd</sup> Floor Wintersville, OH 43953 Tel: 740-314-8380 Fax: 740-314-8639

### THE ANSWERS YOU NEED

Functional Beverages in the U.S.: Market Essentials provides in-depth market analysis, shedding light on various aspects of the segments through reliable data and discussions of what the numbers really mean. Questions answered include:

- Which segments in the United States have been growing historically and currently, and which have not?
- What percentage of the U.S. beverage market can be classified as belonging to the functional category, and how has this changed in recent years?
- What are the leading companies, and how have they been performing?
- Which segment has the highest growth? Which company has leading market share?
- What are the leading consumer benefit segments of the industry?
- How have functional beverages evolved from legacy categories?
- What are the prospects of the functional beverage category and its segments through 2029?

### THIS REPORT FEATURES

The Functional Beverages report provides an overview of the dozen or so beverage segments deemed to make up the functional beverage category and the market drivers and industry innovation that are likely to lead to expanded functional benefits in the years ahead. Much more than a functional beverages market report per se, this study provides data and analysis of multiple facets of the industry and insight on the trends and consumer need states driving it. Volume, retail dollars, wholesale dollars and per capita consumption statistics are included.

The companies and brands that comprise the burgeoning super-category are vetted, anchoring them in the context of recent changes that have spurred growth. Advertising and demographic data of the sub-segments are documented.

Backed by Beverage Marketing's reliable, all-sales-channel-inclusive data, readers get a thorough understanding of the combined super-category as well as multiple facets of the functional beverages market including:

- Discussion of the need states underpinning demand for such healthy products, as well as examination of target markets and consumer benefit segments round out the research. The report gives greater perspective to its research by illustrating the increasingly strong relationship between functionality in the mainstream beverage marketplace and the consumer drivers that are fueling innovation in the segment. The report also sizes the functional beverage market by consumer benefit segment and tracks growth and share by benefit such as hydration, weight management, etc.
- Key consumer need states are grouped and quantified, providing wholesale dollars, growth and share for Health and Wellness, Hydration, Energy/Rejuvenation and Function Specific products.
- Focus is placed on newer beverage types such as coconut water, energy drinks, kombucha, probiotics, oat milk, meal replacement and protein drinks. In addition, key results from BMC's market research is also provided, with expanded analysis of various sub-categories provided to ensure a fuller understanding of this rapidly changing arena.

- Key segments are quantified, offering volume and wholesale dollars, growth, market share and projections for the broad basket of sub-segments that contribute to this multi-faceted segment including: Sports Drinks, RTD Tea, Energy Drinks, Enhanced Water, Almond Milk, Superpremium Juices, Alkaline Water, Meal Replacement Drinks, Protein Drinks, Oat Milk, Coconut Water, Kombucha, Probiotic, Plant Water, and Other Functional Beverages. Trends and innovative brands within each of the sub-segments are also discussed.
- Leading companies in the segment are tracked, providing volume and wholesale dollar results, growth and market shares for PepsiCo, Coca-Cola, Red Bull, Monster Beverage, Keurig Dr Pepper, AriZona Beverage Company and GT's Living Foods.
- Key companies Advertising expenditures by segment as well as functional expenditures by media outlet (including internet advertising).
- The Excel presentation shows consumer demographic profiles comparing consumers of key beverage segments.
- Five-year wholesale dollar projections for the market and its sub-segments through 2029.



## Functional Beverages in the U.S.: Market Essentials



NOTE: The 2025 edition of this report has not yet been published. The dates on tables of contents/exhibits and sample data reflect information from last year's edition of this report.

The 2025 edition you receive will have updated data through 2024, preliminary 2025 figures and projections through 2029 where applicable.

# Functional Beverages in the U.S.: Market Essentials December 2024



R E S E A R C H • D A T A • C O N S U L T I N G

**NOTE**: The information contained in this report is confidential and solely intended for the benefit of the immediate recipient hereof.

Copyright © 2024 Beverage Marketing Corporation of New York, P.O. Box 2399, Wintersville, OH 43953, (212) 688-7640. All rights reserved. Reproductions in any form prohibited by law.

# Contents

# **Table of Contents**

### Functional Beverages in the U.S.: Market Essentials

### TABLE OF CONTENTS

### Summary

Introduction, Objective & Methodology	3
Introduction	4
Objective and Scope	5
Methodology	5
Functional Beverage Category Definitions	6
The Functional Beverage Market	
Functional Beverage Wholesale Dollar and Volume Growth 2019 – 2024	
Functional Beverage Per Capita Consumption (Gallons) 2014 – 2024	
Functional Beverages Share of No-Alcohol Multiple Beverage Market Wholesale Dollar Sale	
2019 and 2024	11
Key Functional Beverage Categories Change in Wholesale Dollar Sales 2024	12
Functional Category Volume Shares 2024	
Issues and Trends in the Functional Beverage Market	
Segment Share of Wholesale Dollars 2024	
Segment Share of Volume 2024	
The Functional Beverages — RTD Tea	16
RTD Tea Wholesale Dollar and Volume Growth 2019 – 2024	
The Functional Beverages — RTD Meal Replacement	18
RTD Meal Replacement Wholesale Dollar and Volume Growth 2019 – 2024	19
The Functional Beverages — Superpremium Juice	20
Superpremium Juice Wholesale Dollar and Volume Growth 2019 – 2024	
The Functional Beverages — Kombucha	22
Kombucha Wholesale Dollar and Volume Growth 2019 - 2024	
The Functional Beverages — Gut-Health	24
Gut-Health Wholesale Dollar and Volume Growth 2019 – 2024	25
The Functional Beverages — Coconut Water	26
Coconut Water Wholesale Dollar and Volume Growth 2019 – 2024	27
The Functional Beverages — Plant Water	28
Plant Water Wholesale Dollar and Volume Growth 2019 – 2024	29
The Functional Beverages — Sports Drinks	30
Sports Drinks Wholesale Dollar and Volume Growth 2019 – 2024	31
The Functional Beverages — Energy Drinks	32
Energy Drinks Wholesale Dollar and Volume Growth 201p – 2024	33
The Functional Beverages — Enhanced Water	34
Enhanced Water Wholesale Dollar and Volume Growth 2019 – 2024	
The Functional Beverages — Alkaline Water	36
Alkaline Water Wholesale Dollar and Volume Growth 2019 – 2024	37

### TABLE OF CONTENTS

### Summary

The Functional Beverage Market (cont'd)	
The Functional Beverages — Protein Drinks	38
Protein Drinks Wholesale Dollar and Volume Growth 2019 – 2024	39
The Functional Beverages — Almond and Oat Milk	40
Almond Milk Wholesale Dollar and Volume Growth 2019 – 2024	41
Oat Milk Wholesale Dollar and Volume Growth 2019 – 2024	42
Wholesale Dollar Shares by Consumer Benefit 2019 and 2024	43
Leading Functional Beverage Companies	44
Leading Functional Beverage Companies by Wholesale Dollars 2023	45
Leading Functional Companies' Wholesale Dollar Share 2018 and 2023	46
Leading Functional Beverage Segments Advertising Expenditures 2023	47
Outlook and Future	48
Projected Functional Wholesale Dollars Compound Annual Growth 2023 – 2028	49
The Projected Functional Beverage Market by Segment	50
Projected Functional Beverage Market Wholesale Dollars and Share by Segment	
2023 - 2028	51
Projected Functional Dollar Share by Segment 2023 and 2028	52

### Leading Company Profiles

### Selected Functional Beverage Companies and Their Brands

•	AriZona	1
•	Milo's Famous Sweet Tea	4
•	Electrolit	6
•	Vita Coco	8
•	Treo Fruit & Birch Water	11
•	GT's Kombucha	13
•	Oatly	15
•	C4	18
•	Celsius	20
•	Premier Protein	22
•	Olipop	23
•	Simply Good Food	25
•	Congo Brands (Alani Nu/Prime Energy)	27

### TABLE OF CONTENTS

### Exhibit

### **1. THE FUNCTIONAL AND OVERALL BEVERAGE MARKET**

- 1.1 Functional RTD Beverage Market Estimated Wholesale Dollar Sales and Volume 2012 2024
- 1.2 Functional RTD Beverage Market Change in Estimated Wholesale Dollar Sales and Volume 2013 2024
- 1.3 Functional RTD Beverage Market Per Capita Consumption 2012 2024
- 1.4 U.S. Multiple Non-Alcoholic Beverage Market Functional RTD Beverages vs. All Others Estimated Wholesale Dollar Sales 2018 – 2024
- U.S. Multiple Non-Alcoholic Beverage Market Functional RTD Beverages vs. All Others Share of Wholesale Dollar Sales 2018 – 2024
- U.S. Multiple Non-Alcoholic Beverage Market Functional RTD Beverages vs. All Others Change in Wholesale Dollar Sales 2019 – 2024

### 2. THE FUNCTIONAL BEVERAGE MARKET IN THE U.S.

- 2.7 The Functional RTD Beverage Market Estimated Wholesale Dollar Sales 2018 2024
- 2.8 The Functional RTD Beverage Market Share of Wholesale Dollar Sales 2018 2024
- 2.9 The Functional RTD Beverage Market Change in Wholesale Dollar Sales 2019 2024
- 2.10 The Functional RTD Beverage Market Estimated Volume 2018 2024
- 2.11 The Functional RTD Beverage Market Share of Volume 2018 2024
- 2.12 The Functional RTD Beverage Market Change in Volume 2019 2024
- 2.13 Functional RTD Beverage Market by Consumer Benefit Segment Estimated Wholesale Dollar Sales 2018 – 2024
- 2.14 Functional RTD Beverage Market by Consumer Benefit Segment Share of Wholesale Dollar Sales 2018 – 2024
- 2.15 Functional RTD Beverage Market by Consumer Benefit Segment Change in Wholesale Dollar Sales 2019 – 2024

### 3. THE LEADING FUNCTIONAL BEVERAGE COMPANIES

- 3.16 Leading Functional Beverage Companies Estimated Wholesale Dollar Sales 2018 2023
- 3.17 Leading Functional Beverage Companies Share of Wholesale Dollar Sales 2018 2023
- 3.18 Leading Functional Beverage Companies Change in Wholesale Dollar Sales 2019 2023

### 4. THE FUNCTIONAL BEVERAGE ADVERTISING EXPENDITURES

- 4.19 Leading New Functional Beverage Segments Advertising Expenditures 2018 2023
- 4.20 Leading Functional Beverage Segments Share of Advertising Expenditures 2018 2023
- 4.21 Leading Functional Beverage Segments Change in Advertising Expenditures 2019 2023
- 4.22 Functional Beverage Market Expenditures by Leading Advertisers 2018 2023
- 4.23 Functional Beverage Market Share of Expenditures by Leading Advertisers 2018 2023

TABLE OF CONTENTS

### **Exhibit**

### 4. THE FUNCTIONAL BEVERAGE ADVERTISING EXPENDITURES (cont'd)

- 4.24 Functional Beverage Market Change in Expenditures by Leading Advertisers 2019 – 2023
- 4.25 Functional Beverage Market Expenditures by Media 2018 2023
- 4.26 Functional Beverage Market Share of Expenditures by Media 2018 2023
- 4.27 Functional Beverage Market Change in Expenditures by Media 2019 2023

### 5. DEMOGRAPHICS OF THE FUNCTIONAL BEVERAGE CONSUMER

- 5.28 Demographics of the RTD Tea Consumer 2023
- 5.29 Demographics of the Sports Beverage Consumer 2023
- 5.30 Demographics of the Energy Drink Consumer 2023
- 5.31 Demographics of the Enchanced Water Consumer 2023

### 6. THE PROJECTED FUNCTIONAL BEVERAGE MARKET

- 6.32 Projected Functional RTD Beverage Market Estimated Wholesale Dollar Sales 2023 – 2028
- 6.33 Projected Functional RTD Beverage Market Share of Wholesale Dollar Sales 2023 – 2028
- 6.34 Projected Functional RTD Beverage Market Compound Annual Growth Rate 2023 – 2028

Vita Coco, based in New York, was founded by old friends Ira Liran, who lives in Brazil, and Michael Kirban, a Brooklyn-based software executive who served as the company's feet on the ground in the U.S.

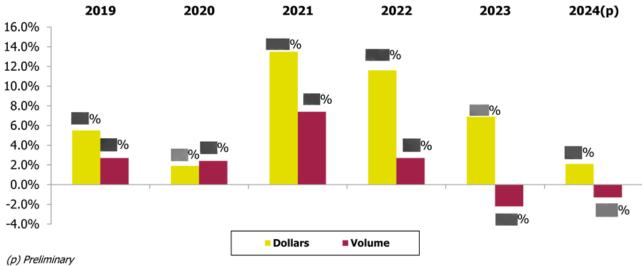
- The company for some time now has been the clear market leader and, as the category has somewhat stalled, embarked on a vigorous bout of innovation inside and outside the coconut water category to stimulate faster growth and tempt an acquirer. The latter did not happen, so the company instead took advantage of hospitable public markets to launch an IPO that enabled some long-time investors, Verlinvest and Reignwood Group, to liquidate some of their shares while stoking the pump for continued expansion.
- As noted, a major portion of Vita Coco's funding had come from Verlinvest, the investment fund built on money from the Interbrew (Stella Artois) brewing fortune. Verlinvest had scored a notable success in an earlier investment in Vitaminwater marketer Glacéau and has invested in essence water marketer Hint and açaí player Sambazon. As a family fund, it can take a more patient approach than conventional private equity providers, being under no pressure to find a lucrative exit for its investors. That proved a good thing, as Vita Coco's chances of an exit proved elusive, as has been the case with Hint, too.
- Another key investor has been the Chinese owner of Red Bull in that market, Reignwood Group, which invested about \$167 million to acquire a 25% stake in Vita Coco, for an enterprise value estimated at \$665 million. (Reflecting the stalled prospects of the category, that valuation had grown only to \$774 million via the IPO, not a huge increment of value added over a seven-year period.) Reignwood, based in Beijing, also agreed to distribute the brand in China.
- Notably for startups in beverages, Kirban has been operating profitably for years, cutting his first dividend check to investors in 2016, thanks to taking a guerrilla approach to building the business. That record has somewhat shielded him from the plunge in share values of newly listed beverage companies as investors have soured at the growth-at-all-costs model and begun to demand signs of a pathway to profitability.
- In a coup in its earlier days that brought a wave of publicity and brand awareness, several celebrity consumers of the brand came aboard as investors, including pop icon Madonna, her manager Guy Oseary, actors Matthew McConaughey and Demi Moore, as well as Red Hot Chili Peppers frontman Anthony Kiedis.

### THE FUNCTIONAL RTD BEVERAGE MARKET SHARE OF WHOLESALE DOLLAR SALES (r) 2018 - 2024(p)

Segments	2018	2019	2020	2021	2022	2023	2024(p)
Energy Drinks	%	%	%	%	%	%	%
Sports Drinks	%	%	%	%	%	%	%
RTD Tea	%	%	%	%	%	%	%
Enhanced Water	%	%	%	%	%	%	%
Superpremium Juices	%	%	%	%	%	%	%
Almond Milk	%	%	%	%	%	%	%
Protein Drinks	%	%	%	%	%	%	%
Meal Replacement	%	%	%	%	%	%	%
Kombucha	%	%	%	%	%	%	%
Alkaline Water	%	%	%	%	%	%	%
Coconut Water	%	%	%	%	%	%	%
Probiotic	%	%	%	%	%	%	%
Oat Milk	%	%	%	%	%	%	%
Plant Water	%	%	%	%	%	%	%
Other*	%	%	%	%	%	%	%
TOTAL	<b>%</b>	%	%	%	<b>%</b>	······································	%

(p) Preliminary

\* Includes nutrient-enhanced teas, dairy drinks, fruit beverages and waters. Source: Beverage Marketing Corporation



### Functional Beverage Wholesale Dollar and Volume Growth 2019 – 2024(p)

Source: Beverage Marketing Corporation